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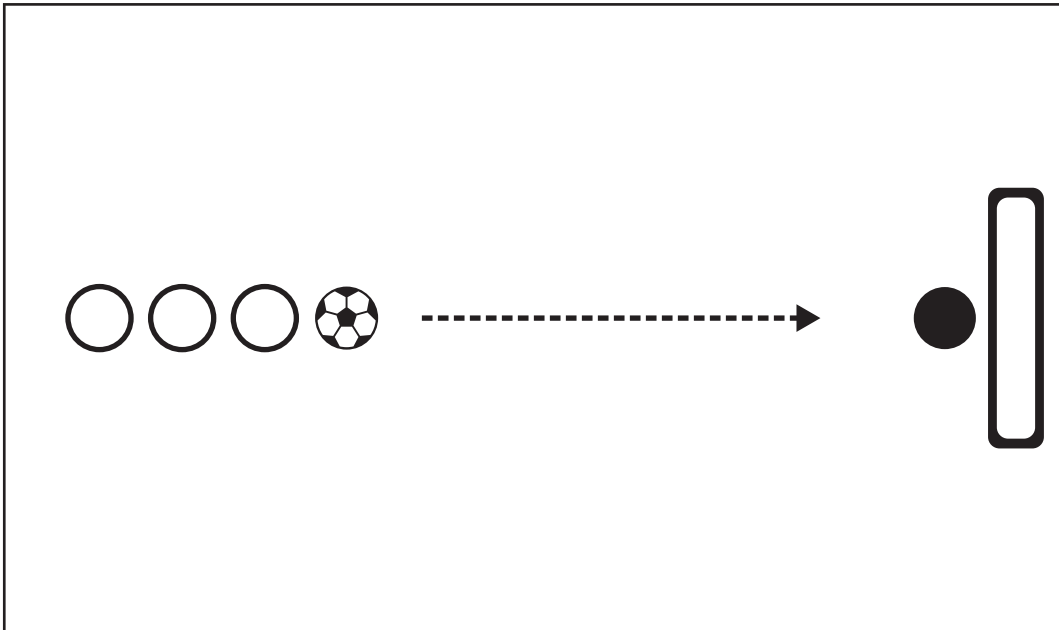
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**SOLOSHOT.COM**

## Drop Shot: Shooting Instantaneously

**Setup:** Line up offensive players behind the half volley and place a defender or goalie in front of the goal.

1.



The first offensive player in line starts with a soccer ball and drops the ball at the marker. The player then shoots on the half volley at the goal. This means that the player has to kick the ball while it is in the air before hitting the ground. It is the defensive player's job to stop the soccer ball from going into the net.

### NOTES

**Make it harder:**

- Only allow players to use their weak foot
- Move the drill farther away from the goal

**Make it easier:**

- Move the drill closer to the goal