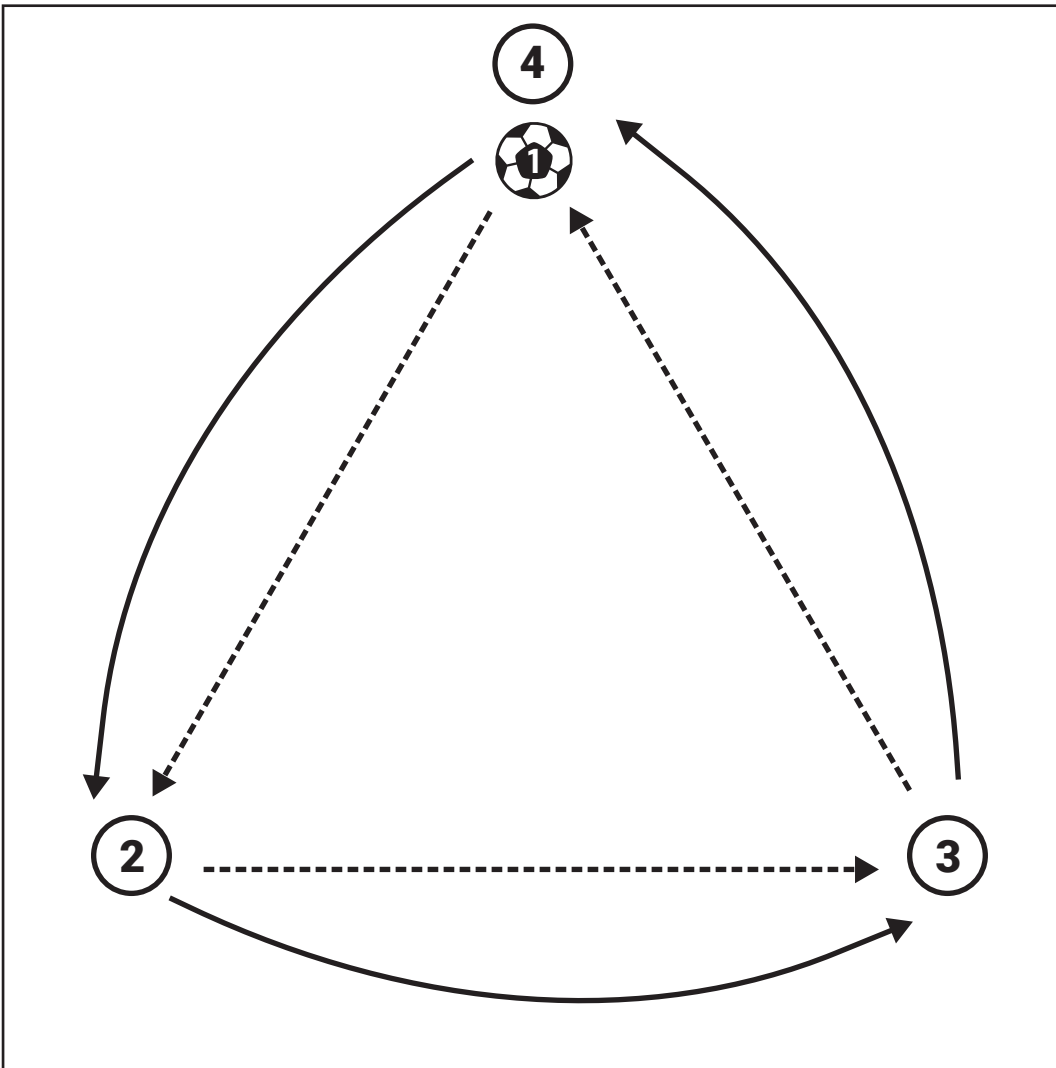


# Triangle Passing Drill: Passing with Movement

**Setup:** Form a triangle as shown below with one additional player behind the player who starts with the soccer ball. Have extra players form new triangles or line up behind the three players who make up the original triangle.

1.



KEY	
	Player with ball
	Offensive Player
	Ball Movement
	Player Movement

NOTES
<p><b>Make it harder:</b></p> <ul style="list-style-type: none"> <li>• Change drill direction</li> <li>• Use left foot</li> </ul>

Player 1 begins with the soccer ball and passes it down to the Player 2. Player 1, then, follows the pass to Player 2's position while Player 4 takes over Player 1's initial position. Player 2 passes the ball to Player 3 and then follows the pass to Player 3's position. The drill continues in this fashion.