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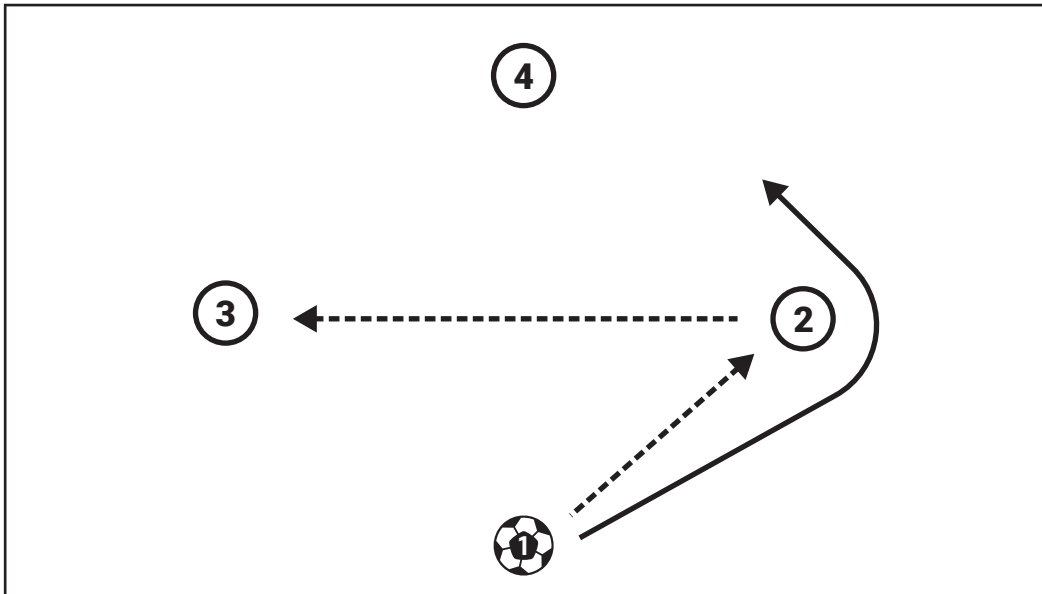
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## Diamond Progression: Passing with Movement

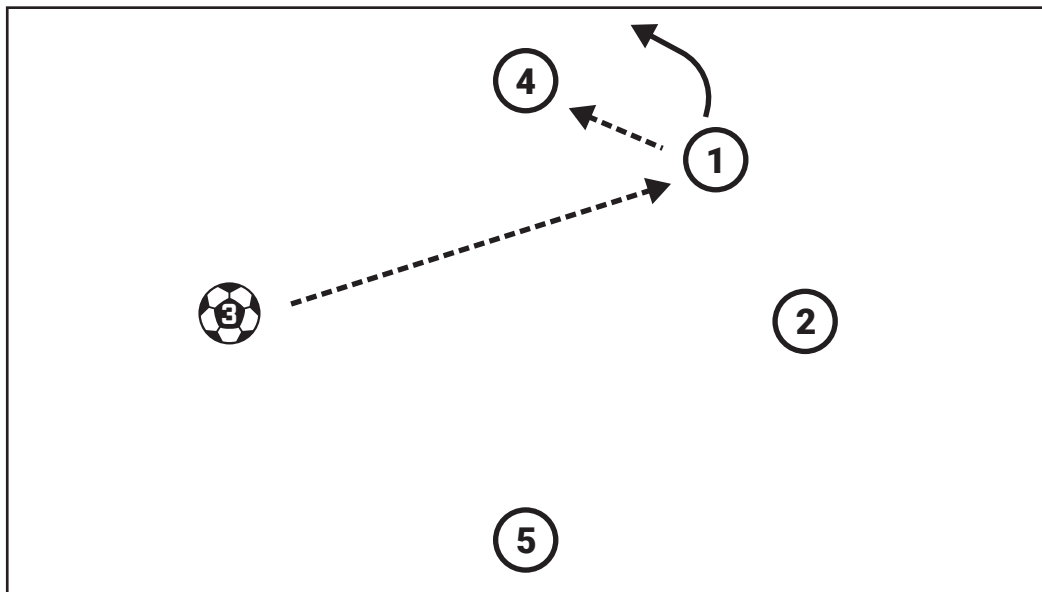
**Setup:** Players in the drill form a diamond as shown in the diagram below.

1.



Player 1 starts with the soccer ball and passes to Player 2. Player 2 immediately passes to Player 3 while Player 1 runs around Player 2 for the next pass.

2.



Player 3 passes the soccer ball to Player 1 who immediately passes the ball to Player 4. Player 1 runs to the back of the line after releasing the ball. Repeat the drill starting with player 4 this time.

### KEY

- Player with ball
- Player
- Ball Movement
- Player Movement

### NOTES

#### Make it harder:

- Make Diamond Larger
- Only allow players to use their weak foot

#### Make it easier:

- Make Diamond Smaller