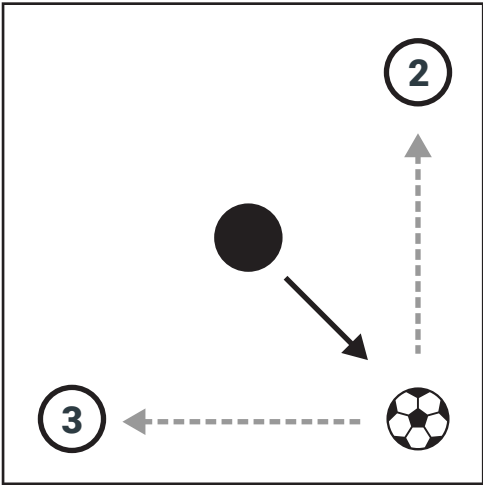


Four Corners: Passing with pressure

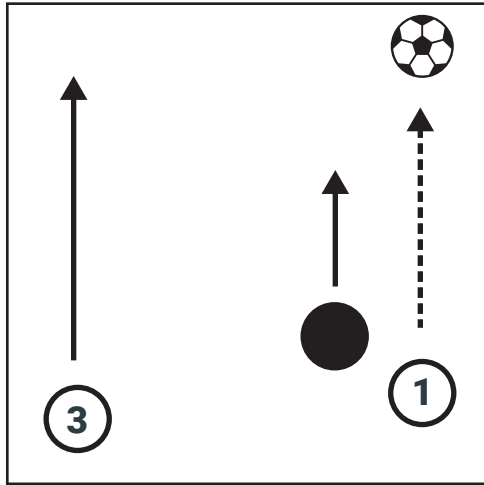
Setup: Three players on offense set up in a triangle. One player on defense guarding the ball.

1.



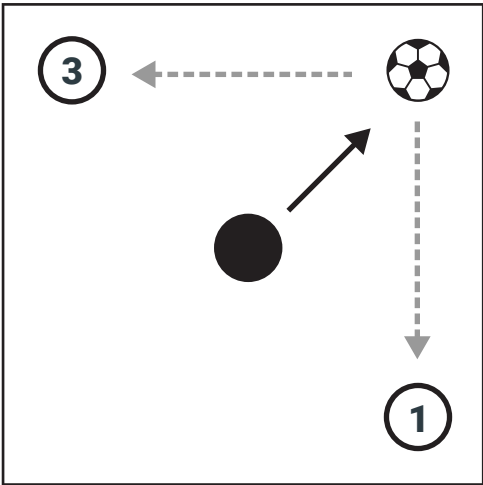
Player 1 starts with the soccer ball and can pass it to either Player 2 or Player 3. The Defensive Player should guard Player 1 and attempt to steal the ball or force it out of bounds.

2.



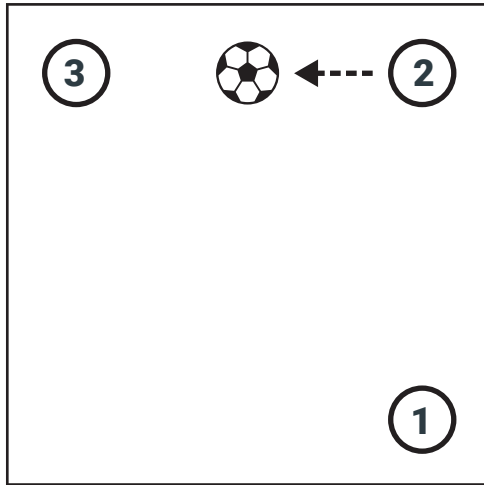
If Player 1 passes the ball to Player 2, the Defensive Player should then guard Player 2. Meanwhile, Player 3 should move up to get square with Player 2, creating a 90 degree passing angle.

3.



Ideally, the player with the ball should always have two passing options – a person to the left and to the right. If not, this makes things significantly easier for the Defensive Player to steal the ball or force it out of bounds.

4.



If the Defensive Player successfully steals the ball or forces an error, the Offensive Player who committed the error then becomes the new Defensive Player. Likewise, the Defensive Player becomes an Offensive Player, and then the drill resets.

KEY

-  Player with ball
-  Offensive Player
-  Defensive Player
-  Ball Option
-  Player Option
-  Ball Movement
-  Player Movement

NOTES

Make it harder:

- Add defenders.
- Make grid smaller

Make it easier:

- Make grid larger
- Add offensive players